Exploring the human connection to the natural world is what inspires and energizes my work. It is this relationship that affects our well-being and survival.

The human figure combined with other natural elements like leaves and trees in my work conveys the idea that we all share similar qualities and are inter-connected. Even an individual leaf, plant, branch or tree, like a person, is important in that it has the ability to grow, reach out and affect an area greater than itself.

My work is made primarily from recycled paper which is hand molded over natural and constructed forms to create pieces that are in relief and sometimes three-dimensional. On top of the molded or cast paper, I use oil paints, graphite and some contain water-based photo-transfers as well as other materials. Using recycled paper conveys the regenerative, cyclical quality of life in addition to saving trees.